

The Sacred Triduum

This week we take a break from our series on the people of the Bible and focus on the Triduum – the 'three days' of our salvation, leading to Easter.

Holy Thursday: Mass of the Lord's Supper, 7pm

In this Mass we celebrate the last meal of Jesus with His disciples, a meal at which He gave us the Eucharist and instituted the priesthood; He washed the feet of His disciples in an act of humble service, and He gave us the new commandment: Love one another, as I have loved you. Later, 9-10pm, we will stream an hour of silent prayer, remembering the Lord's time in the Garden of Gethsemane.

Good Friday: Liturgy of the Lord's Passion, 3pm

Starting at the time of Our Lord's death, this liturgy invites us to mourn for our Lord and to see in His cross the sign of His inexhaustible love for us. We hear the account of the Passion (the Lord's suffering) and the cross is unveiled, so that we can spend a little time in silent adoration before the Lord.



Holy Saturday: Paschal Vigil and First Mass of the Resurrection, 8:30pm

The liturgy begins in darkness, lit only by the Paschal (Easter) Candle, the symbol of the risen Lord. He dispels the darkness of sin and death. The Exsultet, the announcement of His resurrection, is sung. The readings recall key moments from salvation history, before the first 'Alleluia' of Easter is proclaimed. After the Gospel we renew the promises of our baptism, then celebrate the first Mass of the Resurrection, rejoicing in the Lord's victory over sin and death.

Parish Priest: Fr Andrew Allman **Deacon:** Rev. Fred Sanderson (retired)

Presbytery: Sharoe Green Lane, Fulwood, Preston, PR2 9HH

Tel: 01772 719604 email: enquiries@saintclares.co.uk

www.saintclares.co.uk Social Media: @StClareFulwood

Lancaster RC Diocesan Trustees Registered – Registered Charity No. 234331

St Clare's Primary School – Headteacher: Mrs A. Charnley

Tel: 01772 787037 Fax: 01772 787016 email: head@st-clares.lancs.sch.uk

MASSES THIS WEEK

Important: the church is closed until further notice, as public gatherings are suspended to prevent the spread of coronavirus. Mass and other services are livestreamed each day and will be available for viewing later in the day on our YouTube channel. All information and links at www.saintclares.co.uk

Date	Time	Occasion	Intention/Details
Sunday 5 th	10am	Palm Sunday	Winifred Hamilton RIP
Monday	10am		John Cubbin RIP
Tuesday	10am		Francis Cross RIP
Wednesday	10am		Daisy Amose RIP
Thursday	7pm	MASS OF THE LORD'S SUPPER	For priests
Friday	3pm	LITURGY OF THE LORD'S PASSION	
Saturday	8:30pm	EASTER VIGIL	People of the Parish
Sunday 12 th	10am	EASTER SUNDAY	People of the Parish

All Masses will be celebrated in private and streamed live online. A full timetable for this week can be found on the back page of the newsletter.

LATELY DEAD: Please pray for all who have died recently.

LITURGY OF THE HOURS: Sung Vespers and Benediction will be streamed live on our YouTube channel on Sunday at 4:30pm.

STATIONS OF THE CROSS: Available on our YouTube channel from Sunday.

ROSARY: Prayed after 10am Mass, Monday-Friday.

ANNIVERSARIES: Krystyna Bartle, Rita Lyons, Hilda Web, Vera Pearson, Graeme Flett, Annie Elizabeth Green, Doreen Lees, Mary Scanlon, Agnes Lancaster, Elizabeth Sumner, Caroline Terrel, John Dorning, Irene Wilson, Lavinia Brennan.

POPE'S PRAYER INTENTIONS FOR APRIL: We pray that those suffering from addiction may be helped and accompanied.

Supporting your parish financially during the lockdown

Many people have asked how they can contribute to the parish financially at a time when almost all parish income has dried up. If you are still earning and able to contribute, you can save up offertory envelopes until the lockdown ends. Some people have asked for details of how to donate by standing order/BACS. If you contact us directly we can give the details, if you would like to help in this way. Thank you for thinking of us – please only contribute if you are able.

Father Andrew's weekly message

Dear Friends,

We are entering into the most important week of the year, in which we celebrate the Lord's saving death and life-giving resurrection. Who would ever have imagined that we would be celebrating it in these circumstances, unable to gather at the Lord's altar for these liturgies, which are so central to our lives?

I choose my words carefully! Life, after all, is not just the few decades we spend on this earth, if we're lucky. It's the eternal happiness that God desires for each of us, and that perfect joy has been won for us by the death and resurrection of Our Lord. In the Holy Week liturgies the Lord renews these gifts to us, which is why – even in churches where there is no live streaming and where the priest alone is present – the liturgy will still be celebrated. Through these acts, God renews the gift of salvation to the world. So these liturgies really are central to our lives. In them, God opens up the door which gives our life meaning: the door to heaven.

I hope that you will be able to join us online for the live streams of the Sacred Triduum: the Mass of the Lord's Supper (Thursday 7pm), the Good Friday Liturgy (3pm) and the Paschal Vigil (8:30pm on Holy Saturday). Together, they form one liturgy, because the Last Supper, the Lord's death and His resurrection are really one saving act of God. But watching online will not be enough: we must also pray as we watch, and let the events of this week really touch our lives at home. We've made a video with a few ideas for living Holy Week at home – you can find this on our [YouTube channel](#). There is also a sheet with some more ideas and prayers, which you can download from our website.

This week shows us the depth of God's love for us, a love which must be shared with others, as Jesus reminds us at the Last Supper: "Love one another, just as I have loved you". So let's do all we can to help our neighbours in need at this time. Practical help, a phone call, a smile and a wave across the street – it all helps. We've had a great response to our ongoing appeal for the Food Bank, and the team there are very grateful. Please continue to drop off food if you can, or make donations (in marked envelopes) for them to buy food. You can also give online: <https://www.justgiving.com/fundraising/the-salvation-army-preston-corps>

Jesus prayed for the whole world during His time in Gethsemane, and during His agony on the cross. In these days, I'm very aware that, as a priest of Jesus Christ, I am called to pray for you all. Be assured of my ongoing prayers. And please pray for me, for our parish, and for all in need. And stay hopeful, always. The Lord takes up His cross anew this week. God bless you all. Fr Andrew.

A prayer of spiritual communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Full Timetable for Holy Week

Sunday 5th April: Palm Sunday

Palm Sunday Mass: 10am

Adoration of the Blessed Sacrament: 4-5pm

Sung Vespers and Benediction: 4:30pm

Stations of the Cross: a new set of reflections will be available on our YouTube channel from today.

Daily Timetable – Monday-Wednesday

Mass: 10am

Rosary: 10:30am

Adoration of the Blessed Sacrament: 4-5pm

Thursday 9th April: MAUNDY THURSDAY

Mass of the Lord's Supper: 7pm

Watching before the Blessed Sacrament: 9-10pm

Compline (Night Prayer): 10pm

Friday 10th April: GOOD FRIDAY

Office of Readings and Morning Prayer: 10am

Liturgy of the Lord's Passion: 3pm

Reflective prayer before the Cross, ending with Compline (Night Prayer): 7pm

Saturday 11th April: HOLY SATURDAY

Office of Readings and Morning Prayer: 10am

Easter Vigil and First Mass of the Resurrection: 8:30pm

Sunday 12th April: EASTER SUNDAY

Easter Sunday Mass: 10am

Adoration of the Blessed Sacrament: 4-5pm

Sung Vespers and Benediction: 4:30pm