

# Fifth Sunday in Ordinary Time

7<sup>th</sup> February 2021



## OPENING HYMN

Praise, my soul, the King of Heaven;  
To His feet thy tribute bring;  
Ransomed, healed, restored, forgiven,  
Who like me His praise should sing?  
Praise Him, praise Him, praise Him, praise Him,  
Praise the everlasting King.

Father-like, He tends and spares us;  
Well our feeble frame He knows;  
In His hand He gently bears us,  
Rescues us from all our foes.  
Praise Him, praise Him, praise Him, praise Him,  
Widely as His mercy flows.

Angels, help us to adore Him;  
Ye behold Him face to face;  
Sun and moon, bow down before Him,  
Dwellers all in time and space.  
Praise Him, praise Him, praise Him, praise Him,  
Praise with us the God of grace.

FIRST READING: Job 7:1-4, 6-7

*Restlessly I fret till twilight falls.*

PSALM RESPONSE:

**Praise the Lord who heals the broken-hearted.**

SECOND READING: 1 Corinthians 9:16-19, 22-23

*I should be punished if I did not preach the Gospel.*

GOSPEL ACCLAMATION:

Alleluia, alleluia. I am the light of the world, says the Lord,  
anyone who follows me will have the light of life. Alleluia!

GOSPEL: Mark 1:29-39

*He cured many who suffered from diseases of one kind or another.*

NICENE CREED

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *(as we say the words in italics, we bow)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

ACT OF SPIRITUAL COMMUNION

*For those who are unable to attend Mass, and for those physically present who are not receiving Holy Communion, we pray a prayer of spiritual communion:*

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

RECESSIONAL HYMN

O worship the King all-glorious above,  
O gratefully sing His power and His love:  
Our shield and defender, the Ancient of Days,  
Pavilioned in splendour and girded with praise.

Your bountiful care, what tongue can recite?  
It breathes in the air, it shines in the light;  
It streams from the hills, it descends to the plain,  
And sweetly distils in the dew and the rain.

Frail children of dust, and feeble as frail,  
In You do we trust, nor find You to fail.  
Your mercies, how tender, how firm to the end,  
Our Maker, Defender, Redeemer, and Friend!