

Fourth Sunday of Advent

19th December 2021



OPENING HYMN

O come, O come, Emmanuel, and ransom captive Israel,
That mourns in lonely exile here, until the Son of God appear.

Rejoice! Rejoice! Emmanuel Shall come to thee, O Israel.

O come, Thou Rod of Jesse, free Thine own from Satan's tyranny;
From depths of hell Thy people save, and give them victory o'er the grave.

O come, Thou Dayspring, come and cheer our spirits by Thine advent here;
Disperse the gloomy clouds of night, and death's dark shadows put to flight.

O come, Thou Key of David, come and open wide our heav'nly home;
Make safe the way that leads on high, and close the path to misery.

O come, o come, Thou Lord of might, who to Thy tribes, on Sinai's height,
In ancient times didst give the Law in cloud and majesty and awe.

FIRST READING: Micah 5:1-4

Out of you will be born the One who is to rule over Israel.

PSALM RESPONSE: **God of Hosts, bring us back; let Your face shine on us and we shall be saved.**

SECOND READING: Hebrews 10:5-10

Here I am! I am coming to obey Your will.

GOSPEL ACCLAMATION:

Alleluia, alleluia! I am the handmaid of the Lord. Let what you have said be done to me. Alleluia!

GOSPEL: Luke 1:39-44

Why should I be honoured with a visit from the mother of my Lord?

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, (*as we say the words in italics, we bow*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

COMMUNION HYMN

The coming of our God our thoughts must now employ;
Then let us meet Him on the road with songs of holy joy.

The co-eternal Son, a maiden's offspring see;
A servant's form Christ putteth on to set His people free.

Daughter of Sion, rise to greet thine infant King,
Nor let thy stubborn heart despise the pardon He doth bring.

In glory from His throne again will Christ descend,
And summon all that are His own to joys that never end.

Let deeds of darkness fly before the approaching morn,
For unto sin 'tis ours to die, and serve the virgin-born.

Our joyful praises sing to Christ, who sets us free;
Like tribute to the Father bring, and, Holy Ghost, to Thee.

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

RECESSIONAL HYMN

Holy Virgin, by God's decree,
You were called eternally;
That He could give His Son to our race.
Mary, we praise you, hail, full of grace.

Ave, ave, ave, Maria.

By your faith and loving accord,
As the handmaid of the Lord,
You undertook God's plan to embrace.
Mary we thank you, hail, full of grace.

Joy to God you gave and expressed,
Of all women none more blessed,
When in mankind your Son took His place.
Mary, we love you, hail, full of grace.

Refuge for your children so weak,
Sure protection all can seek.
Problems of life you help us to face.
Mary, we trust you, hail, full of grace.

To our needy world of today
Love and beauty you portray,
Showing the path to Christ we must trace.
Mary, our mother, hail, full of grace.