

# Prayers for Eastertide



## **A Morning Offering**

O Lord God, King of heaven and earth, may it please you this day to order and to make holy, to rule and to govern our hearts and our bodies, our thoughts, our words and our works, according to Your law and in the doing of Your commandments, that we, being helped by You, may here and hereafter worthily be saved and delivered by You, O Saviour of the world, who live and reign for ever and ever. Amen.

## **Te Deum Laudamus (We praise You, O God)**

We praise You, O God:  
we acclaim You as the Lord.  
Everlasting Father,  
all the world bows down before You.  
All the angels sing Your praise,  
the hosts of heaven and all the angelic powers,  
all the cherubim and seraphim  
call out to You in unending song:

Holy, Holy, Holy,  
is the Lord God of angel hosts!

The heavens and the earth are filled with Your majesty and glory.  
The glorious band of apostles,  
the noble company of prophets,  
the white-robed army who shed their blood for Christ,  
all sing Your praise.  
And to the ends of the earth  
your holy Church proclaims her faith in You:

Father, whose majesty is boundless,  
Your true and only Son, who is to be adored,  
the Holy Spirit sent to be our Advocate.

You, Christ, are the king of glory,  
Son of the eternal Father.  
When You took our nature to save mankind  
You did not shrink from birth in the Virgin's womb.  
You overcame the power of death  
opening the Father's kingdom to all who believe in You.  
Enthroned at God's right hand in the glory of the Father,  
You will come in judgement according to Your promise.  
You redeemed Your people by Your precious blood.  
Come, we implore You, to our aid.  
Grant us with the saints  
a place in eternal glory.

### **A Canticle of Thanksgiving**

Alleluia! Salvation and glory and power belong to our God,  
His judgements are true and just. Alleluia!

Alleluia! Praise our God, all you His servants,  
you who fear Him, small and great. Alleluia!

Alleluia! The Lord our God, the Almighty, reigns.  
Let us rejoice and exult and give Him the glory. Alleluia!

Alleluia! The marriage of the Lamb has come,  
and His Bride has made herself ready. Alleluia!

### **A Marian Antiphon**

Regina caeli, laetare, alleluia;  
Quia quem meruisti portare, alleluia,  
Resurrexit, sicut dixit, alleluia:  
Ora pro nobis Deum, alleluia.

O Queen of heaven rejoice! alleluia;  
For He whom you did merit to bear, alleluia,  
Has risen as He said, alleluia.  
Pray for us to God, alleluia.

V/. Rejoice and be glad, O Virgin Mary, alleluia.

R/. Because the Lord is truly risen, alleluia.

Let us pray.

O God, who gave joy to the world through the resurrection of Your Son, our Lord Jesus Christ; grant, we beseech You, that through His Mother, the Virgin Mary, we may obtain the joys of everlasting life. Though the same Christ our Lord. Amen.

### **Psalm 110: Great are the works of the Lord**

I will thank the Lord with all my heart  
in the meeting of the just and their assembly.  
Great are the works of the Lord;  
to be pondered by all who love them.

Majestic and glorious His work,  
His justice stands firm for ever.  
He makes us remember His wonders.  
The Lord is compassion and love.

He gives food to those who fear Him;  
keeps His covenant ever in mind.  
He has shown His might to His people  
by giving them the lands of the nations.

His works are justice and truth;  
His precepts are all of them sure,  
standing firm for ever and ever:  
they are made in uprightness and truth.

He has sent deliverance to His people  
and established His covenant for ever.  
Holy His name, to be feared.

To fear the Lord is the first stage of wisdom;  
all who do so prove themselves wise.  
His praise shall last for ever!

### **The Glorious Mysteries of the Holy Rosary**

1. The Resurrection of our Lord
2. The Ascension of our Lord into Heaven
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of our Lady into Heaven
5. The Coronation of our Lady and the glory of all the saints

### **Meditations for the Easter Season**

*According to the method of St Francis de Sales, we must first place ourselves in the presence of God prior to our meditation, acknowledging that He is present among us as one who loves us. We should then ask the help of a few favourite saints. Then, we should consider what we read: what stands out? What does it mean for us at this moment in our lives? What is the Lord saying to us?*

*After some time of consideration, we must think of how we will allow these thoughts to affect our lives; how will I make an effort to do what the Lord is asking of me today? Then, before we finish our meditation, it is important to make an act of thanksgiving for those ways in which the Lord has spoken to us. In this season you could meditate on the Gospel accounts of the Lord's resurrection (see the end of each of the four gospels) or you could take as a starting point one of the texts below:*

‘Come then, all you nations of men defiled by sin, receive the forgiveness of sin. For it is I who am your forgiveness, the pasch of your salvation, the Lamb slain for you; it is I who am your ransom, your life, your resurrection, your light, your salvation, your king. I am bringing you to the heights of heaven, I will show you the Father who is from all eternity, I will raise you up with my right hand.’  
- Melito of Sardis (Homily on the Pasch)

‘This is the day which the Lord made. Let us rejoice and be glad in it.

What is this day? It is He who is the source of life, the beginning of brightness, the author of life – our Lord Jesus Christ, who said of Himself: “I am the day: he who walks by daylight does not stumble.” That is to say, if a man follows Christ in all things, he will cross over in Christ’s steps to the very throne of eternal light. While Christ was still in this bodily life, He prayed to the Father for us in these words: “Father, I desire that those who have believed in me may be with me where I am, that even as You are in me, and I in You, so they too may remain in us.”

- An ancient author

‘What boundless love! The innocent hands and feet of Christ were pierced by the nails: He suffered the pain. I suffer neither pain nor anguish: yet by letting me participate in His pain he gives me the free gift of salvation.

No one should think, then, that his baptism is merely for the remission of sins and for adoption as sons in the way that John’s baptism brought only remission of sins. We know well that not merely does it cleanse sins and bestow on us the gift of the Holy Spirit – it is also the counterpart of Christ’s suffering. This is why, as we heard just now, Paul cried out: “Do you not know that all of us who have been baptised into Christ Jesus were baptised into His death? We were buried therefore with Him by baptism into death.”

- The instructions to the newly baptised at Jerusalem

*St Francis de Sales encourages us to choose a particular thought to hold with us throughout the day, bringing it to mind often.*