

Twenty-Second Sunday in Ordinary Time

30th August 2020



OPENING HYMN

Praise to the Lord, the Almighty, the King of creation!
O my soul, praise Him, for He is your health and salvation.
All you who hear, now to His altar draw near,
Join in profound adoration.

Praise to the Lord, let us offer our gifts at His altar;
Let not our sins and transgressions now cause us to falter.
Christ, the High Priest, bids us all join in His feast,
Victims with Him on the altar.

Praise to the Lord, who will prosper our work and defend us;
Surely His goodness and mercy here daily defend us;
Ponder anew all the Almighty can do,
He who with love will befriend us.

FIRST READING: Jeremiah 20:7-9

The Word of the Lord has meant insult for me.

PSALM RESPONSE:

For You my soul is thirsting, O Lord my God.

SECOND READING: Romans 12:1-12

Offer your bodies as a living sacrifice.

GOSPEL ACCLAMATION:

Alleluia, alleluia. May the Father of our Lord Jesus Christ enlighten the eyes of our mind,
so that we can see what hope His call holds for us. Alleluia!

GOSPEL: Matthew 16:21-27

If anyone wants to be a follower of mine, let him renounce himself.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, (*as we say the words in italics, we bow*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

OFFERTORY

O gracious Mother of mankind,
What Eve had lost, in thee we find;
The way to heav'n is now by thee
To mourning sinners open'd free.

Thou art the gate of heav'nly light,
Thru which the conqu'ring Prince of might
Comes, captive mankind to redeem;
Ye, Nations, sound the glorious theme.

May age to age forever sing
The Virgin's Son and angels' King;
And praise with the celestial host,
The Father, Son and Holy Ghost.

ACT OF SPIRITUAL COMMUNION

As the congregation are unable to receive Holy Communion at this time, we are invited to pray a prayer of Spiritual Communion:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

HOLY COMMUNION

O blessèd Framer of the world,
O Christ, all things who dost redeem,
art very God of very God,
the gleaming of the Father's gleam:

Thy love it was did Thee constrain
on Thee to take our mortal clay,
the latter Adam, to restore
that which the former took away.

Thy love it was did earth, and sea,
and stars with bounteous crafting make,
took pity when our fathers strayed,
and did our own confinements break.

RECESSIONAL HYMN

He who would valiant be
'Gainst all disaster,
Let him in constancy
Follow the Master.
There's no discouragement
Shall make him once relent
His first avowed intent
To be a pilgrim.

Since, Lord, Thou dost defend
Us with Thy Spirit,
We know we at the end
Shall life inherit.
Then, fancies, flee away!
I'll fear not what men say,
I'll labor night and day
To be a pilgrim.