

Solemnity of St Clare

9th August 2020



OPENING HYMN

Look down upon us kindly, Assisi's holy Clare,
The light of Gospel living, a brightness we all share.
The fire of loving Jesus burned deep within your heart;
You left your family's treasures and set yourself apart.

You journeyed down the valley to join the brothers' way;
You travelled up the mountain to find a place to pray.
The chapel of St Damian became your loving home
Where with your sister pilgrims you gazed on God alone.

FIRST READING: Philippians 3:8-14

I am racing for the finish, for the prize to which God calls us upwards to receive in Christ Jesus.

PSALM RESPONSE:

You are my inheritance, O Lord.

GOSPEL ACCLAMATION:

Alleluia, alleluia. How happy are the poor in spirit; theirs is the kingdom of heaven. Alleluia!

GOSPEL: Matthew 19:27-29

You who have followed me will be repaid a hundred times over.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, (*as we say the words in italics, we bow*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake He was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

OFFERTORY

O Light from Light, all splendour's Source, whose clear beams shine with Heaven's joy,
We give You thanks for Mother Clare and ev'ry form of praise employ.

Enticed by Francis' preaching sweet, Christ Crucified became her Spouse;
She gathered sisters to her side where Poverty would grace the house.

She left behind all earthly gain that riches true might be her all;
In poverty, obedience, and chastity she heard Christ's call.

As mother to her flock, she lived and modelled Christ to ev'ryone;
In loving service spent herself in toil from dawn to setting sun.

As she has shown us, Lord, Your way, so give us grace like her to be,
That we may turn from self to You and in Your Way be truly free.

ACT OF SPIRITUAL COMMUNION

As the congregation are unable to receive Holy Communion at this time, we are invited to pray a prayer of Spiritual Communion:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

HOLY COMMUNION

O Lord, I am not worthy
That Thou should'st come to me:
But speak the word of comfort,
My spirit healed shall be.

And humbly I'll receive Thee,
The Bridegroom of my soul,
No more by sin to grieve Thee
Or fly Thy sweet control.

Eternal Holy Spirit,
Unworthy though I be,
Prepare me to receive Him,
And trust the Word to me.

Increase my faith, dear Jesus,
In Thy Real Presence here,
And make me feel most deeply
That Thou to me art near.

My hope in Thee now strengthen,
O Saviour of my soul,
Lest by temptation blinded,
I turn from my true goal.

O Sacrament most holy,
O Sacrament divine!
All praise and all thanksgiving
Be ev'ry moment Thine.

RECESSIONAL HYMN

You healed the sick with blessings, you wrote a rule of life,
You mirrored Gospel living, you fought off earthly strife.
You showed the way to Jesus through prayer and poverty;
In union with your sisters you loved God faithfully.

Your faithfulness we honour, your life we imitate,
Your legacy we cherish; to you we dedicate
Our work of prayer and service, as Christ would have us do,
To wash the feet of others and make the world anew.